

MEMBERSHIPS

SGPT 12 £219

SGPT 8 £199

SGPT 4 £169

TEAM ONLY £129

T'S & C'S

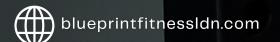
10% DISCOUNT* FOR COUPLES (HOUSEHOLD ONLY), NHS & SERVICES

*10% discount only applicable to SGPT memberships

MINIMUM THREE MONTH
COMMITMENT, MONTHLY ROLLING
THEREAFTER

30 DAY CANCELLATION NOTICE PERIOD

CLICK HERE TO JOIN!







PACKAGES INCLUDE

SGPT

- Allocated amount of SGPT sessions per month (12/8/4)
- Unlimited TEAM sessions
- 1x Check-in per month (upon request)
- Access to nutrition resource centre and education digital library
- Use of Inbody result tracking and body composition scanner
- Fundamentals workshops & nutrition clinics
- Invitation to all events and socials
- Access to our members only accountability group

TEAM ONLY

- Unlimited TEAM sessions
- Access to nutrition resource centre and education digital library
- Use of Inbody result tracking and body composition scanner
- Fundamentals workshops & nutrition clinics
- Invitation to all events and socials
- Access to our members only accountability group

CLICK HERE FOR FULL TERMS AND CONDITIONS







